# SHILOH SHILOH



# WE ARE SHILOH

### SHILOH MISSIONARY BAPTIST CHURCH

Reverend Undra Parker, Pastor 855 East 20th Avenue Anchorage, AK 99501 907.276.6673

01.23.2022





COMMITTED To

SERVE

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ.

To him be the glory and the power for ever and ever. Amen. 1 Peter 4:10-11

### SHILOH MISSIONARY BAPTIST CHURCH WORSHIP CELEBRATION

**JANUARY 23, 2022 | 11:00 AM** 

INSTRUMENTAL PRELUDE | VICTOR NICHOLS & SMBC BAND

**OPENING SONG | DEACON ALAN GROWDEN**"Jesus Loves Me"

CALL TO WORSHIP | REVEREND MILDRED PARKER Welcome | Scripture: 1 Corinthians 12:1-11 | Opening Prayer

PRAISE CELEBRATION | SMBC PRAISE TEAM More Than Anything | Lord, I Love You

PRAYER OF PREPARATION | REVEREND VINCENT MARSHALL

Worship Song | SMBC Praise Team "I Give Myself Away"

### SERMON | PASTOR UNDRA PARKER

WE COMMIT TO - SERVE: "Use Your GIFT TO GLORIFY GOD" 1 PETER 4:10-11

Invitation to New Life | Pastor Undra Parker "Lord I'm Available To You"

MINISTRY FOCUS | REVEREND MILDRED PARKER

**TITHES & OFFERINGS** 

CLOSING PRAYER | PASTOR UNDRA PARKER



In our New Members Class: SHILOH 101 we ask every member new to Shiloh to join us in making and learning to live out five Commitments that are essential for us to be the church that God calls us to be. These are the **BASICS** of who Shiloh is. Sometimes we get busy, caught up and distracted by so many things in our lives, even church work, and we forget or move away from these basics. We share with new members and encourage them, to be faithful to our commitments, when we have become lax and apathetic ourselves. Well shiloh 101 is COMING TO THE 11:00 AM WOR-SHIP IN JANUARY! Pastor Parker is beginning 2022 with a sermon series that will take us all back to SHILOH 101: DISCOVERING OUR CHURCH! This is going to be a great time for new and long-standing members! Get ready! GET READY!...

TO RENEW AND EMBRACE EVERY SHILOH MEMBERSHIP COMMITMENT!

### **JANUARY SERMON SERIES**

1<sup>st</sup> Sunday Commitment: We Commit To Communion January 02
2<sup>nd</sup> Sunday Commitment: We Commit To Worship January 09
3<sup>rd</sup> Sunday Commitment: We Commit To Grow January 16
4<sup>th</sup> Sunday Commitment: We Commit To Serve January 23
5<sup>th</sup> Sunday Commitment: We Commit To Give January 30

Why is this so important to us? When we live out our Commitments we become more and more like Christ—who gave everything, who served without expectations, who reflected God's grace to all—**AND** we can do the same—when we are **COMMITTED!** Invite family and friends to join you!

VIIBIVII

NAT PAR VIA



# WEDNESDAY BIBLE STUDY & PRAYER

Winter Bible Study

### WEDNESDAY MORNING SENIOR BIBLE STUDY & PRAYER



#### 11:00 AM On ZOOM

Meeting ID: 851 712 225 Passcode: 888893

Winter Bible Study
Explore The Bible
The Book of Ezekiel & Daniel

Contact: Deaconess Bea Freeman, Director Senior Ministry 907.276.6634

## Make The Connection!

WEDNESDAY NIGHT ADULT BIBLE STUDY

6:30 PM: Prayer

#### 7:00 PM

Winter Bible Study
Explore The Bible
The Book of Ezekiel & Daniel

Contact: Reverend Gwuana Thomas, Associate Pastor for Discipleship 907.276.6609





YOUTH AND CHILDREN ON WEDNESDAY NIGHT

6:30-7:00 PM Gathering Time

7:00-8:00 PM Prayer & Bible Study

Contact: Reverend Mildred Parker, Executive Minister 907.276.6634

### SHILOH ON THE GROW!

### SHILOH WOMEN WITH A PURPOSE EVENT

January 30, 2022 ~ 4:00 PM ~ Shiloh Gym

# PREPARE FOR THE HEALTHY YOU IN 2022

Shiloh Women invite all women to the SHILOH WOMEN WITH A PURPOSE EVENT: PREPARE FOR THE HEALTHY YOU IN 2022. Deaconess Celeste Hodge will open with "God In the Forefront." Expert presenters will share on various topics of women's health from nutrition to exercise and everything in between. Reverend Mildred Parker will end the evening with a "Vision Writing Exercise" that will help every woman leave with a plan of action. We will be checking in monthly after the event for the rest of the year and assigning everyone with an accountability partner if they want one. Healthy snacks will be provided.

Contact: Reverend Desiree Thomas, Minister for Women's Ministry at 907.276.6673

### **Event Presenters**



LaShanda McGowan, LMSW, M.Ed. completed her Master of Social Work degree at the University of Nevada, Reno. Her Master of Education degree at the University of Nevada, Las Vegas and her Bachelor of Arts in Psychology from the University of Alaska, Anchorage. Ms. McGowan takes pride in being an African American woman bom and raised in the land of Dena'ina. She finds humor at the choral-like refrain "There's Black people in Alaska?!!" when sharing with lower-48ers. She enjoys responding that she is black in Alaska and Alaskan Native. Her unique experience has granted her access to individuals of a multitude of races and ethnicities, making cultural humility key to her work. Ms. McGowan has more than 25 years of experience in the social work arena with children and adults. She currently works with clients diagnosed with Schizophrenia, Bipolar, Borderline Personality Disorder, Depression, Anxiety and Post Traumatic Stress Disorder (PTSD). She is passionate about eliminating stigma associated with mental illness and empowering communities of color with the tools needed to heal. Race-based trauma is an area of focus in her clinical work and she utilizes an integrative approach with clients emphasizing Person Centered, Strengths Based, Cognitive Behavioral and Narrative approaches. Ms. McGowan has been a foster parent to Alaska's

children since the age of 22. She has cared for adjudicated youth and sexual offenders, as well as those diagnosed with Oppositional Defiant Disorder, Reactive Attachment Disorder, Attention Deficit Hyperactivity Disorder and Fetal Alcohol Syndrome. She is a certified K-12 special education teacher, psychotherapist, coalition builder, program developer and praise and worship leader at her local church. Ms. McGowan is excited about reopening Denali Cove Counseling Center, providing behavioral health and wellness services in the community for Black, Indigenous, People of Color (BIPOC) facing mental illness and substance abuse issues.



Power over your own health has never been more important than right now. From heart disease and Diabetes to COVID-19, we are bombarded every day with scary news about what can happen to us. Is it all out of our control? Are we entirely at the mercy of fate and genetics? NO! There are simple steps you can take right now that can transform your life, your health and your body.

Ginny Grabowski, MS has been helping women (and a few men) to transform their health through fitness and nutrition since 2003. She has a Masters Degree in Exercise Science and Health Promotion, owned a local personal training studio called AlaskaFit for over six years and now coaches women online in The Women's Wellness Academy.

Join Ginny for a fun, interactive conversation focused on mindset and whole-food, plant-based eating that will help you make simple, delicious changes immediately. She is passionate about helping our community be their healthiest and she loves sharing that it may be easier to do than you think.



Natasha Pineda has focused her worked in public health, prevention, and youth development. She focused on maternal child health in her studies for her Master of Public Health at the University of Alaska. She has primarily served in the public sector for all her career in Alaska. She is the wife to Jose, a commercial crabber and a mother to Sofia and Cruz, together they are all raising a very needy Springer Spaniel named Coco. Natasha is very interested in promoting equity in access to care, addressing disparities in the community, and volunteering for boards and meaningful work to help make Alaska a healthier place to live for everyone.

Natasha Pineda currently serves as the Director of Accountable Care Providence Health & Services after serving as the Director of the Anchorage Health Department, where she was avital member of the mayor's cabinet overseeing all aspects of the health department, the local public health authority for the Municipality of Anchorage. She served as the Deputy Health Official for the State of Alaska Department of Administration working on strategies to improve care and lower costs for the active employees and retirees served by Alaska Cares and provided project management for the Health Care Authority study. In addition, she has served as a Division Manager, for clinical services,

childcare licensing, and nutrition programs for the Municipality of Anchorage. She served as a Program Officer with the Alaska Mental Health Trust Authority, working on Medicaid Expansion and reform planning, criminal justice reform, substance misuse policy work. Her first role in government policy was in the Division of Behavioral Health for the state of Alaska, where she oversaw prevention funding and chaired the Alaska Interagency on Underage Drinking. She spent the first 14 years of her career working with Boys & Girls Clubs of Oregon and Alaska. Natasha received her Master's in Public Health from the University of Alaska and her undergraduate degree in business administration professional from Alaska Pacific University. Since arriving in Alaska in 2002, she has infused prevention in all she does and aspires to be a positive disrupter.



#### **DO YOU NEED A RIDE TO CHURCH?**

CALL: (907)566-2374 LEAVE YOUR NAME AND PHONE NUMBER; CALL BY FRIDAY EACH WEEK.

#### VOLUNTEER BULLETIN Board

The Transportation Ministry provide wonderful opportunities for Volunteer Ministry. The Ministry is an extension of the church's love, compassion and care while providing transportation to and from our worship services for anyone who needs it. We are seeking men and women who will pray for the Transportation Ministry, who will hear and heed God's call to become one of our dedicated van drivers and for mechanics who will help maintain our vans. This is more than driving—it is MIN-ISTRY!

Contact: Reverend Gwuana Thomas, Associate Pastor for Discipleship and Operations 907.276.6609

### January 2022 at a Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 NEW YEAR'S DAY
Z 11 AM Communion Worship	3	4	5 6:30 Quiet Prayer 7 PM Family Praise & Testimonies	6	7	8
9 11 AM Worship	10	11	12 Winter Bible Studies Begins	13	14	15
16 11 AM Worship	17 SMBC MLK Day of Service	18	19 Prayer & Bible Studies	20	21	22 SMBC ANNUAL BUSINESS MEETING
23 11 AM Worship	24	25	26 Prayer & Bible Studies	27	28	29
30 11 AM Wor- ship   Women's Event 4PM	31					



### SATURDAY 1:00 PM PRAYER WILL BE CHANGING TO 8:00 AM IN FEBRUARY

Shiloh Saturday Time of Prayer will move to 8:00 AM beginning Saturday, February 5, 2022. The 8:00 AM Prayer will be on the Conference Line.

Contact: Reverend Gwuana Thomas at 907.276.6609

### **SHILOH TIMES OF PRAYER**



Tuesday/Wednesday/Friday
5:30 AM-6:30 AM Conference Line

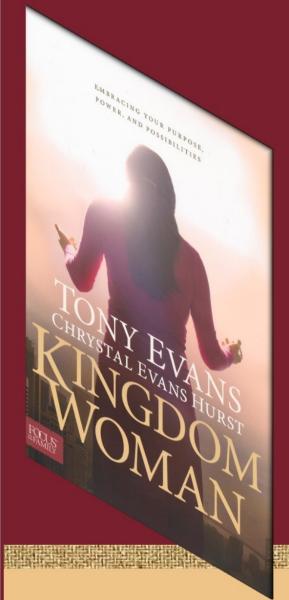
Wednesday: Senior Prayer Time 10:30-11:00 AM | ON ZOOM

**Wednesday: Family Prayer** 6:30 PM | In the Sanctuary

Saturday: Shiloh Pray
1:00 PM on the Conference Line
[changing to 8:00 AM on February 5]

Sunday: Sunday Morning Prayer 10:45 AM | In the Sanctuary

SORRY I CAN'T HEAR YOU . . . YOU'RE BREAKING UP! This is the message I get sometimes when I'm talking with someone on my cell phone. I stop moving about or adjust the position of my phone. I imagine this is what God says to us when we don't have a consistent and devoted Prayer Life—when our Prayer Life is sporadic or sometimes non-existent—God must say "SORRY I CAN'T HEAR YOU . . . YOU'RE BREAKING UP!" Prayer is essential in the lives of God's people. Prayer is our connection, our direction and our protection-our lifeline to God! Shiloh's Prayer Ministry works hard providing our members with opportunities and privileges to grow and become consistent in their Prayer Lives. Pastor Parker continuously encourages Shiloh to be a House of Prayer—at the church, at home and on the go! In February he will lead us in a Sermon Series: WHEN WE PRAY!—to continue encouraging us to grow deeper and more devoted in our prayer lives. Is God saying to you SORRY I CAN'T HEAR YOU . . . YOU'RE BREAKING UP or MAY BE YOU'VE HUNG UP! Begin this new year with a real assessment of your prayer life. Connect with one or more of Shiloh's Times of Prayer! If you need help with your prayer life, contact your deacon/deaconess or call the Associate Pastor for Discipleship at 907.276.6609. Attend Sunday School at 9:45—Sunday School is a great place to grow in prayer! WE MUST DO OUR PART-GOD WILL DO THE REST!





When a Kingdom Woman retires for the evening, a frustrated and worn out devil ought to be saying, "We messed with the wrong woman today." This uplifting new video small-group study is based on the book Kingdom Woman. It instructs every Christ-following woman on how to tap into the power of God as she finds and fulfills the purpose for which God has fashioned her.

A Kingdom Woman embraces a simple premise: Unless a Kingdom rests firmly under the authority of the ruler, anarchy reigns. That's why a Kingdom Woman always seeks to align herself and operate under the authority of God—in every area of life. With practical insights and applications from coauthor Chrystal Evans Hurst, Tony Evans explains how that process can unleash new purpose, power, and possibilities—in both the lives of Kingdom Women and those they love. This video study will last for about six weeks-February thru June.

**EMBRACING YOUR PURPOSE, POWER, AND POSSIBILITIES** 

# KINGDOM WOMAN Shiloh Women's Bible Study

WHEN: 1st and 3rd Saturdays at 10:00 AM

**Beginning February 05, 2022** 

WHERE: Shiloh Room 310 and on ZOOM

COST: \$5.00 for Kingdom Woman Study Guides

Guides can be purchased by PayPal or in the main office starting January 23rd

WHO: SHILOH WOMEN'S CARING COMMUNITY

Reverend Desiree Thomas, Associate Minister for Women's Ministry

desireenak@gmail.com | 907.276.6634

### EVERY WEEK@SHILOH

### SHILOH ON SUNDAY

9:45 AM Sunday School for Everyone

11:00 AM Worship Service

[in person, Facebook Live and Live Streaming]



#### Monday@Shiloh

**Church Offices Closed** 

**Monday-Friday** 

7:00 AM Shiloh Morning Devotion | Facebook Live

Wednesday@Shiloh

11:00 AM Senior Caring Community on ZOOM Prayer, Bible Study, Fellowship

6:30 PM Family Prayer

7:00 PM Bible Study for Adults, Youth Groups, and Children's Groups

Thursday@Shiloh

7:00 PM Choir Rehearsals; Email: victor.nichols@shilohmbcalaska.org

For each choirs' rehearsal schedule

Saturday@Shiloh

9:00 AM Shiloh Men's Caring Community On ZOOM

10:00 AM Shiloh Women's Caring Community On ZOOM 1st and 3rd Saturdays

1:00 PM Shiloh In Prayer

6:00 PM Young Adult Caring Community On ZOOM 2nd and 4th Saturdays

#### SHILOH STAFF

Pastor Undra Parker 907.276.6603 | undra.parker@shilohmbcalaska.org

Reverend Gwuana Thomas, Associate Pastor 907.276.6609 | gwuana.thomas@shilohmbcalaska.org

For Discipleship & Operations

Reverend Mildred Parker, Executive Minister 907.276.6634 | mildred.parker@shilohmbcalaska.org

For Administration & Ministries

Victor Nichols, Director of Worship & Music 907.276.6647 | victor.nichols@shilohmbcalaska.org

Walsh Brown, IT & Media Director 907.276.6615 | walsh.brown@shilohmbcalaska.org

Felicia Weaver, Administrative Assistant 907.276.6673 | felicia.weaver@shilohmbcalaska.org