

Discipleship Self-Evaluation Assessment!

This task is a self-test to see where you are now as a follower of Jesus. There is no right or wrong answer to these questions. Your answer to each question is what you feel about your discipleship. It is a test to help you see where you are now, not where you think you should be, or would like to be in the future. This will help show you areas where you need to grow or obey more in your walk with Christ. So be as honest with yourself as you can without over-rating or underrating yourself.

❖ Read each statement and put a mark in the column that you believe to be most true of you.

NAME: _____

1. Response to Christ's call	Very definite (certain)	Fairly sure	Think So	Not sure (uncertain)	No
• I believe Jesus is the 'Son of God' that He died for me; rose again and there is no other way to God except through Him.					
• I have answered Christ's call to "repent and believe," and know my sins have been forgiven.					
• There is a definite time when I asked Jesus to come into my life as Saviour and Lord.					
• I have been baptized by immersion.					
2. Lordship of Christ	Always	Usually	Sometimes	Seldom	Never
• I acknowledge Christ in all my ways.					
• I submit my body to Christ in self-discipline and exercise, and in keeping morally pure.					
• I clearly show to those I live and work with my Christian commitment by my words, attitudes and actions.					
• I am more concerned to win God's approval in what I do than to win the approval of others					
• The 'fruit of the Spirit' (<i>love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control</i>) is clearly seen in my life.					
3. Worship/Fellowship	Always	Usually	Sometimes	Seldom	Never
• I gather weekly with other Christians for all of the following – worship, teaching, ministry, prayer, fellowship.					
• I am sharing and relating each week in a close way with a small group of Christians for mutual encouragement, up-building and support.					
• I try to live in harmony and unity with other Christians, demonstrating the qualities of love, acceptance and forgiveness.					
• I am completely aware that my worship is to God and none other.					

4. Spiritual Growth	Always	Usually	Sometimes	Seldom	Never
• I meet on a regular basis for prayer with other fellow believers.					
• I set aside time each day to be alone with God in prayer, Bible reading and meditation.					
• My times of prayer include – praise, adoration, worship, thanksgiving, confession, praying for others, and for God’s work.					
• Over the past year, I have memorized a verse of Scripture each week.					
5. Service	Always	Usually	Sometimes	Seldom	Never
• I take an active part in the life and ministries of my church.					
• I am using the spiritual gift(s) God has given me to build up others.					
• I seek each week to encourage, help, or perform a kind deed to help other Christians.					
• I am regularly giving at least one tenth of my income towards God’s work.					
6. Witness	Always	Usually	Sometimes	Seldom	Never
• I am praying each week for the conversion of at least one non-Christian by name.					
• I have tried to build friendships and reach out to at least one non-Christian person over the last month.					
• I have been able to share my faith with a non-Christian in some way over the past month.					
• Over the past month I have helped to influence, encourage, disciple or train at least one other person to follow Jesus more fully.					
TOTAL marks (for each column on the last page and this page)					
MULTIPLY each column total by:-	X4	X3	X2	X1	X0
NEW TOTALS:					0

YOUR FINAL SCORE (add new totals of columns 1 to 4)

Score	Comments
0-24	Your following needs to be strengthened. Perhaps you are a new Christian or have not yet really started. Are you prepared to clearly answer Jesus’ call and become His disciple?
25-49	You have made a beginning in some areas, but your following is still loose and distant. Jesus is calling you to follow Him more closely.
50-74	You have made some good progress as a follower of Jesus. But don’t become a half-hearted follower. There is much more growing for you in some important areas of discipleship.
75-100	You are well on the way as a follower of Jesus, but keep on going! There are still important steps ahead for you.

Your Response

- ❖ What do you think Jesus might be saying to you through the questionnaire you have completed? In what areas do you need to do more growing?

S.H.A.P.E. Inventory

Spiritual Gifts

Spiritual gifts I believe I have: (see below)

- 1.
- 2.
- 3.

. . . Each one has his own gift from God; one has this gift, another has that (1 Corinthians 7:7).

I feel I may have these gifts because:

- 1.
- 2.
- 3.

Spiritual gifts that communicate God's Word:

Preaching Evangelism Apostle and Missions Leadership

Spiritual gifts that educate God's People:

Teaching Encouragement (Exhortation) Wisdom Knowledge

Spiritual gifts that demonstrate God's Love:

Serving Mercy Hospitality Pastoring Giving
Helping Faith Administering

Spiritual gifts that celebrate God's Presence:

Healing Miracles Tongues Interpretation of Tongues Prophecy

Heart

List some things you're good at and love doing:

- 1.
- 2.
- 3.

God has put it into their hearts to accomplish his purpose . . . (Revelations 17:17).

People compliment me when:

Delight yourself in the Lord and he will give you the desires of your heart (Psalms 37:4).

Abilities

The following are my strongest abilities:

- 1.
- 2.
- 3.

There are different abilities to perform service . . . (1 Corinthians 12:6).

Other skills and/or abilities I'm learning and/or working on are:

- 1.
- 2.
- 3.

A few examples include: drama, writing, speaking, artistic, photography, video, counseling, fixing, designing, computers, accounting, music, memory, tutoring/explaining, athletics, etc.

Personality

This is how I see myself: (circle one of the two words for each comment)

1. Around others I am more: RESERVED or OUTGOING

2. My decisions are based more on: FACTS/THINKING or FEELINGS
3. In my relationships I tend to be more: DEPENDENT ON OTHERS or INDEPENDENT
4. My use of time is more: DETERMINED or SPONTANEOUS

One example of why I circled each of the above is:

- 1.
- 2.
- 3.

No one can really know what anyone else is thinking or what he is really like, except that person himself (1 Corinthians 2:11).

Experience

My spiritual experience is (or how I became a Christian):

Some painful experiences that I've had:

A past experience I've learned from is:

And we know that in all things God works for the good of those who love him, who have been called according to his purpose (Romans 8:28).

S.H.A.P.E. If I could design a specific way to serve God around my personal SHAPE, and I knew I couldn't fail, it might be:

SPIRITUAL GIFTS TEST – ANALYSIS SHEET

(FOLD ALONG CENTER GRAY LINE)

#1-22	#23-44	#45-66	#67-88	#89-110		SUM OF FIRST 5 COLUMNS	RANK IN ORDER HIGHEST TO LOWEST	NAME OF SPIRITUAL GIFT /TALENT	
RATE 1-10	RATE 1-10	RATE 1-10	RATE 1-10	RATE 1-10					
1	23	45	67	89				Administration/Guidance	
2	24	46	68	90				Apostle	
3	25	47	69	91				Craftsmanship/Artisan	
4	26	48	70	92				Discernment	
5	27	49	71	93				Encouragement	
6	28	50	72	94				Evangelism	
7	29	51	73	95				Exhortation	
8	30	52	74	96				Faith	
9	31	53	75	97				Giving	
10	32	54	76	98				Helps/Service	
11	33	55	77	99				Hospitality	
12	34	56	78	100				Intercession/Prayer	
13	35	57	79	101				Knowledge	
14	36	58	80	102				Leadership	
15	37	59	81	103				Mercy/Compassion	
16	38	60	82	104				Missionary	
17	39	61	83	105				Music	
18	40	62	84	106				Pastoring/Shepherding	
19	41	63	85	107				Prophecy	
20	42	64	86	108				Teaching	
21	43	65	87	109				Wisdom	
22	44	66	88	110				Writing	
Gift 1						Gift 4			
Gift 2						Gift 5			
Gift 3									

Spiritual Gifts Test

God has given each of us who are believers specific spiritual gifts. This spiritual gifts test will help you determine what spiritual gifts and special talents God has given you. The test evaluates 22 gifts and talents. (Do not look ahead to see what these gifts and talents are because that will influence your results!)

INSTRUCTIONS:

This spiritual gifts test consists of 110 statements that you are to respond to by entering in a number for each on the analysis sheet. Depending on how you feel about each statement, enter a number between 1 and 10; 1 meaning that the statement does not describe you at all, and 10 meaning that the statement describes you perfectly.

This test is designed for followers of Christ. If you have been following Christ for at least a few years, you should use your personal experiences as the basis for your responses. If you are a new believer, then base your responses on how well each statement describes you (even if you have not yet experienced what the statement refers to.)

Please keep in mind that this test should be used as a starting place to begin to discover how God has gifted you. The test may not always indicate your true spiritual gifts. It is just one tool in what should be a life-long search for how God has gifted you so you can give to others.

READ THIS VERY CAREFULLY!

- Before you start the test, find the analysis sheet. Take it out, then fold it along the gray line that runs down the middle of the sheet. Place it so that the 110 numbered boxes are facing up and you cannot see the list of spiritual gifts and talents.
- As you take the test, enter a response for each statement in the corresponding pre-numbered box, rating on a scale of 1 to 10 how well the statement describes you.
- Once you have completed a column, move back to the top and continue the test. Hide each finished column under your participant guide so you cannot see the columns you have already answered. This will help to ensure unbiased responses on the remainder of the test.
- Respond to each statement quickly with your first feeling. Because the list is fairly extensive and we don't have every gift, you will probably have many more low number responses than high number responses. That is ok.
- When you are finished, read the analysis instructions.

ANALYSIS INSTRUCTIONS

First, look over the analysis sheet to make sure you have entered a number from 1 to 10 in each of the 110 renumbered response boxes. If you left any of the boxes empty, go back to the corresponding statement and enter your response.

Now, unfold the analysis sheet. Calculate the sum of the 5 responses in each horizontal row and enter it in the sum column. Do this for each of the 22 rows of responses. Each sum should be a number between 5 and 50.

Next, look over the 22 numbers you have just entered in the vertical sum column. Identify the highest number. Now, place a "1" in the rank column for the row with the highest sum. If there is more than one row with this same high number, place a "1" in the rank column for each.

- Look for the second highest number. Place a "2" in the rank column for each row with this number.
- Look for the third highest number and place a "3" in the rank column for each row with this number.
- Continue this process until you have identified your top five spiritual gifts and talents.

You can find out more about your spiritual gifts and talents by reading the spiritual gifts reference material on the following pages.

BEGIN TEST:

1. People come to me when they are in desperate situations, and I am able to find someone who can help.
2. I feel empowered to stand alone for Christ in a hostile, unbelieving environment.
3. I enjoy using my artistic talents to create things that bring glory to God.
4. I easily perceive whether a person is honest or dishonest.
5. I often speak words of hope to others.
6. I am drawn to non-believers because of my desire to win them to Christ.
7. I have urged others to seek Biblical solutions to their problems or suffering.
8. I hold fast to my personal belief in the truth even in the presence of ridicule, apparent failure, or pain.
9. I can give sacrificially because I know that God will meet my needs.
10. When I serve the Lord, I really don't care who gets the credit.
11. My home is always open to whomever God brings to me.
12. I find myself praying when it might seem I should be doing other things.
13. I have had spiritual insights that others have said helped bring them closer to God.
14. Others seek my guidance to accomplish tasks.
15. I feel great compassion for the problems of others.
16. I relate well to people of different cultures.
17. Music lifts my spirit and makes me feel closer to God.
18. I earnestly want to help Christians who have lost their way.
19. I feel a keen sense of responsibility to proclaim God's Word to people.
20. Studying the Bible and sharing what I learn with others is very satisfying for me.
21. I often feel an unusual presence of God and personal confidence when important decisions need to be made.
22. I sometimes express my love for God by writing poems, songs, prayers, or devotionals.
23. I have been responsible for guiding tasks in my church to success.
24. I feel God has asked me to establish new churches where people have never heard of Him.
25. I like to make gifts for others that will remind them of God or Jesus.
26. I can sense whether a person is motivated by selfish or unselfish desires.
27. I enjoy speaking uplifting words to people who are discouraged.
28. I have led others to a decision for salvation through faith in Christ.
29. I can challenge others without making them feel condemned.
30. I am completely convinced God will fulfill His Word, even in circumstances when it seems He is not doing so yet.

31. God has used me to meet someone's financial or material need.
32. I enjoy doing simple things for others that touch them deeply.
33. I enjoy greeting and welcoming people to my church and my home.
34. I often feel the need to pray for someone before others feel it.
35. I understand portions of God's word that others find difficult.
36. I delegate tasks to others to accomplish God's work.
37. I want to work with those who have physical or mental problems to alleviate their suffering.
38. I am willing to leave comfortable surroundings if it enables me to share Christ with more people.
39. Singing, dancing, and playing songs of praise to God for pure enjoyment is personally satisfying.
40. God has allowed me to effectively disciple other believers.
41. I find great joy in boldly announcing the Word of God to a specific situation.
42. People have told me that I have helped them learn Biblical truths.
43. Sometimes God gives me an insight into the proper course of action I or others should take.
44. I am able to take complex spiritual matters and write them down in a way that others can understand more easily.
45. I serve others by organizing and harnessing their gifts to solve a particular problem.
46. I boldly lead people where God wants them to go.
47. I like to serve God by working with my hands and making things.
48. I easily perceive the difference between truth and falsehood.
49. I can effectively motivate people to get involved in ministry.
50. I am able to determine when the Spirit has prepared a person to receive Jesus Christ.
51. People will take correction from me because they know I am on their side.
52. My hope in God is inspiring to others.
53. I am willing to maintain a lower standard of living in order to benefit God's work.
54. I have enjoyed doing routine tasks that have led to more effective ministry by others.
55. I try to make everyone feel welcome and comfortable at church suppers or social events.
56. When I hear a prayer request, I pray for that need for several days, at least.
57. Through study or experience I have discerned major strategies God seems to use in furthering His kingdom.
58. God has given me an ability to "rally the troops" in giving aid to others.
59. I enjoy spending time with a lonely shut-in person or someone in prison.
60. The thought of beginning a new church in a new community is exciting to me.

61. People have said they see the love of Jesus on my face when I sing, dance, or play music.
62. I feel I am responsible to help protect weak Christians from dangerous influences.
63. People tell me that I say things that are inspiring and convicting.
64. Teaching a Bible class is one of the most enjoyable things I do (or could do).
65. When a person has a problem, I can frequently guide him or her to the best Biblical solution.
66. I love to study God's Word and write down what I have learned.
67. I can recognize talents and gifts in others, and find ways to use those gifts for God.
68. God consistently gives me positions of authority.
69. I am able to show people something about who God is through my art.
70. I can determine the truthfulness or error of a given theological statement.
71. I have verbally given confidence to the wavering, the troubled, or the discouraged.
72. I minister better to those who do not yet know Christ than to believers.
73. I enjoy motivating people to a higher spiritual commitment.
74. I've been known to try the impossible because I have a great trust in God.
75. I have strongly sensed God asking me to give money to a specific person or cause.
76. I would rather work in secret than have my work recognized publicly.
77. I feel very comfortable when people drop in unexpectedly.
78. Praying for others is one of my favorite pastimes.
79. I sometimes find I know things that I have never been taught.
80. It is a thrill to inspire others to greater involvement in church work.
81. I enjoy visiting people in hospitals and retirement homes, and feels I am helpful when I do.
82. More than most, I have a strong desire to see people in other countries won to the Lord.
83. People tell me they have been moved spiritually by my singing, dancing, or playing music.
84. I feel God is asking me to be the spiritual leader of a group of Christians.
85. I am willing to speak against sin and evil, even though I might be criticized and ridiculed.
86. I devote considerable time to learning new Biblical truths in order to communicate them to others.
87. I feel I am especially good at selecting the best alternative in a difficult situation.
88. People say they have been touched spiritually by things I have written.
89. People sometimes look to me for guidance in coordination, organization, and ministry opportunities.
90. God has used me to bring the gospel to people who have never heard it.

91. I feel compelled to use my hands to craft things that show an aspect of God in some way.
92. I can quickly recognize whether or not a person's teaching is consistent with God's word.
93. People who are feeling perplexed often come to me for comfort.
94. I'm troubled when salvation is not emphasized.
95. I can identify with weakness and temptation so as to encourage people to repent and believe.
96. I have believed God for the impossible and have seen it happen in a tangible way.
97. I strive to find ways to give to others without calling attention to myself.
98. If someone is facing a serious crisis, I see it as an opportunity to help them.
99. When people come to my home, they often say they feel at home with me.
100. Others have told me that my prayers for them have been answered in tangible ways.
101. God has given me words to say in different situations that have surprised even me.
102. I believe in motivating others to obey Christ by the living testimony of my life.
103. Sometimes I am overcome with emotion for the person I am praying for.
104. People of a different race or culture have been drawn to me, and we have related well.
105. I find great joy in playing or singing music for God.
106. God has given me the ability to teach and preach spiritual truth.
107. I speak God's Word powerfully and without compromise.
108. I communicate Biblical truths to others in a way that leads to identifiable change in them.
109. People with spiritual problems come to me for advice and counsel.
110. I prefer to write down my thoughts about God rather than speaking them out loud.